



Welcome to 2012 Liberty Cross Country

ANNOUNCEMENTS

XC Party - Outstanding Female Athlete - Megan Chucka. Outstanding Male Athlete - Aaron Bowe. Coaches Award - Collin Olson.





Nice article in the Issaquah Press about State: <http://www.issaquahpress.com/2012/11/06/liberty-girls-race-to-no-5-spot/#more-81626>

Liberty Girls 5th @ State!



11-3-13 - Senior Allie Wood took control for the Patriots with a 24th pl. finish to lead the team to it's best State finish ever, moving up from 8th pl. team in 2011.



Sarah Bliesner was 2nd for the girls, followed by Megan Chucka, Carlyn Schmidgall, Rachel Shaw, Megan Larson & Jordan Raymond.





Aaron Bowe placed 46th in his 1st State running followed by Hiron Redman in 93rd.



The Patriot Girls rose to #4 3A team in Wash. in the last regular season poll, their highest ranking ever.

GIRLS 3-PEAT AS DISTRICT CHAMPS!



10-25-12 - Megan Chucka shattered Liberty's all-time 5K best with a stunning 18:45 taking 2nd @ District to lead the girls back to State. With an average time for the top 5 of 19:35, the Patriots were 52sec. faster than their 1st win back in 2010 and recorded the 2nd fastest Dist. team time behind 2008's Seattle Prep team that was 2nd @ State (Mercer Island was 1st and placed 2nd @ District that year). Also dipping under 20min were Allie Wood 19:26 - 7th & Sarah Bliesner 19:33 - 12th. Rounding out the scoring were Megan Larson 20:01 - 22nd, Rachel Shaw 20:13 - 26th, Carlyn Schmidgall 20:30 - 28th & Jordan Raymond 21:48 - 64th.



The boys came very close to making their 1st trip, taking 7th place, 4pts away from #5 Bishop Blanchet (last team to qualify) and 1pt behind Interlake in 6th. Hiron Redman 16:25 - 14th & Aaron Bowe 16:26 - 15th qualified as individuals to move on.



Collin Olson had a huge PR 16:57 - 40th, Trevor Sytsma 17:02 - 41st, Mason Goodman 17:18 - 56th, Zach Chucka 17:51 - 70th & Michael Daly 18:05 - 79th gave the team a 16:50avg which is their fastest ever as well.



GIRLS KINGCO CHAMPS!



10-18-12 - After going undefeated all year, the Girls won the Kingco meet for the 1st time in school history. With the Varsity team all performing near or better than their season's best times, Liberty had a team avg time of 19:49 to win by 28pts over Mercer Island who won the title last year from the Patriots on a tie-breaker. Megan Chucka ran the fastest Patriot final ever in 19:19 for 2nd, followed by Allie Wood in 4th, Sarah Bliesner in 8th, Rachel Shaw 14th, Megan Larson 17th, Carlyn Schmidgall 18th & Jordan Raymond 27th.



Hiron Redman led the boys back to the District meet as well with a 7th overall with Aaron Bowe 10th, Trevor Sytsma 18th, Collin Olson 25th, Mason Goodman 26th, Jason Murray 37th and Michael Shaw 39th.



10-10-12 - Liberty swept the Mercer Island/Mt. Si meet as the girls finished the Kingco season @ 7-0 and the boys @ 5-2.



Megan Chucka took the win with a personal best 19:13 5K, followed by Sarah Bliesner in 3rd, Allie Wood 4th, Carlyn Schmidgall 8th & Rachel Shaw 11th.



Hiron Redman led the boys, placing 2nd, Mason Goodman 5th, Aaron Bowe 6th, Collin Olson 7th & Trevor Sytsma 9th.

10-6-12 - All the Liberty teams won with Aaron Bowe & Megan Chucka winning the Varsity Boys & Varsity Girls races @ the Ft. Worden Invite @ Pt. Townsend.







10-3-12 - The Liberty girls continued undefeated in Kingco, beating Sammamish & Lake Washington @ Marymoor Park. Led again by Megan Chucka who held off a fast finishing Sarah Bliesner, the girls took 2nd thru 6th pl. to score 20pts. Rounding out the scoring 5 were Allie Wood, Carlyn Schmidgall & Rachel Shaw. The girls moved up to #8 in 3A in this weeks State rankings.



The boys also swept their team race with Aaron Bowe in 2nd, Hiron Redman 3rd, Mason Goodman 5th, Trevor Sytsma 6th & Collin Olson in 8th.



Complete results are [here](#).





9-29-12 - The girls took 2nd overall at the Curtis Invite @ Chambers Bay. Megan Chucka was the 1st Patriot in 11th, Aaron Bowe was the top finisher for the boys in 16th who took 10th in team scoring.



9-19-12 - In the 4th race of the young season, a tired Liberty Girls team hung on for the win despite Megan Chucka's 1st loss of the year. Solid pack running by Megan Larson - 7th, Carlyn Schmidgall - 8th & Rachel Shaw - 9th gave the Patriots a 26 ~ 31 win over Bellevue.



Megan Chucka was 2nd with Sarah Bliesner - 4th & Allie Wood - 5th. Hiron Redman finished 3rd overall for the Boys as they came within 3 points of beating Bellevue 26 ~ 29. Aaron Bowe was 4th, Trevor Sytsma - 5th, Mason Goodman - 8th & Colin Olson - 9th. Liberty now takes a needed bye week before heading off the Yakima on the 29th for the Sunfair Invitational.



9-15-12 - Megan Chucka came through again with the highest finish ever by a Liberty runner @ the Ft. Steilacoom Invite, placing 4th overall to remain unbeaten in the 3A ranks.



Megan's time on the slightly longer course this year was a personal best and places her solidly in the top 50 times ever run on the course. The girls took 4th overall in the 50+ team field, 1st in 3A, defeating last years champ Peninsula in 5th. Aaron Bowe led the boys to a 10th pl. team finish.





9-12-12 - Megan Chuka stayed undefeated in 3A with the win in a Tri meet against Interlake & Juanita. Coming into the meet, Interlake's Girls team was ranked 2nd in 3A with Liberty 9th and the Patriots came through, winning with 28pts. Interlake - 38 & Juanita - 62.



Aaron Bowe again led the Boys with a 3rd pl. finish as the boys lost to Interlake - 22, Liberty - 37 & Jaunita - 75.



9-5-12 - Megan Chucka ended the day with the Senior class win and the fastest girls time of day at the Kingco 3A Jamboree, improving 35 seconds from 2011 with a 11:35 on the 3K course @ Lake Sammamish, which currently leads the State. Combined scoring had the girls narrowly defeating Mercer Island.



Winning the Soph boys race was Trevor Sytsma with a 1:01 improvement from last year @ 10:16.40.



Aaron Bowe had the fastest time for the Patriot boys with a 3rd in 10:08 in the Jr race.



Welcome to the Team, Class of 2016

