



# LIBERTY FASTPITCH PLAYERS

## OPEN GYM WORKOUTS



WE WELCOME ALL INTERESTED PLAYERS TO PARTICIPATE IN OUR WORKOUTS. NO EXPERIENCE NEEDED. QUESTIONS? CONTACT SYDNEY HOPPER - [SYDNEYHOPPER@COMCAST.NET](mailto:SYDNEYHOPPER@COMCAST.NET)

**STARTING 1/6 FROM 2:30 TO 3:30 ON TUESDAYS AND THURSDAYS AFTER SCHOOL - MEET OUTSIDE THE LOCKER ROOM.**