

Carly Fromdahl, Varsity Head Coach



Coach Carly is entering her second year with the Liberty Basketball Family. After completing the 2013-2014 season with an 18-2 record as the Girls' J.V Coach and Varsity Assistant she is excited to step into the Varsity Head Coach role this year.

Carly first began playing basketball during her freshman year of high school at Don Lugo High School in, Chino, CA. and instantly fell in love with the sport. Her passion grew in part from playing alongside one of the greatest women's basketball players in history, Diana Taurasi. Carly then went on to play for the Portland State Vikings in the Big Sky Conference where she shined as a defensive player. Later, she transferred to Seattle University, where she greatly contributed in developing the program to the Division 1 level of today.

Following her senior season with Seattle University, Carly began her coaching career at her alma mater as the Redhawk's graduate assistant for the women's program. She continued coaching at the collegiate level as an assistant for Bellevue College helping guide the Lady Bulldogs to back-to-back NWAACC Elite 8 appearances. Since, Carly has coached for elite club programs Friends of Hoop and Emerald City Basketball Academy, until joining the Liberty Family.

After assisting former coach, Curtis Terry, and Liberty girls' basketball to their first state berth since 2000 last year, Coach Carly is wants to continue that momentum and ultimately lead this program to their first state title.

Thank you for supporting Liberty Athletics and playing a role in the positive growth of our programs. Our fans and community are very important to our teams and we take pride in representing you each time we lace up our sneakers.