

# **2024 TRACK & FIELD**

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# **ORDER OF EVENTS**

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## **Running:**

G 800 M Relay  
B 110 M High Hurdles (39")  
G 100 M Hurdles (33")  
B 100 M Dash  
G 100 M Dash  
B 1600 M Run  
G 1600 M Run  
B 400 M Relay  
G 400 M Relay  
B 400 M Dash  
G 400 M Dash  
B 300 M Intermediate Hurdles (36")  
G 300 M Low Hurdles (30")  
B 800 M Run  
G 800 M Run  
B 200 M Dash  
G 200 M Dash  
B&G 3200 M Run (combined)  
B 1600 M Relay  
G 1600 M Relay

## **Field:**

B Shot Put with G Shot Put to follow  
G Discus with B Discus to follow  
B High Jump with G High Jump to follow  
B&G Long Jump (combined) with B&G Triple Jump (combined) to follow  
B&G Javelin (combined)