

# Liberty Track and Field Records

Aaron Bowe



Josh Gordon



Alex Olobia



## Boys

Event	Year	Name	Performance	Previous Bests
100m	2013	Alex Olobia	10.70	Olobia, 2012 - 10.91w; Josh Gordon, 2011 - 10.8h
200m	2013	Alex Olobia	22.01	Ken Jones, 1984 - 22.19
400m	2012	Josh Gordon	49.53	Oscar Myre, 1992 - 49.7
800m	2012	Hiron Redman	1:53.08	Eric Bice, 2010 - 1:54.87
1600m	2014	Aaron Bowe	4:13.74	Eric Bice, 2009 - 4:17.18
3200m	2014	Aaron Bowe	9:06.67	Bowe, 2013 - 9:21.87; Tyler Westenbroek, 2012 - 9:39.21; Eric Bice, 2010 - 9:40.3
110m Hurdles	1997	Kris Powers	14.6	
300m Hurdles	1997	Kris Powers	39.05	
400m Relay	2008	Freeman, Chakravarty, Fotheringill, Leonard	44.19	
1600m Relay	2013	Brown, Olobia, R. Noel, Redman	3:20.42	H. Noel, Bergman, Redman, Gordon, 2012 - 3:21.38; Bice, Bennett, Gordon, Solly, 2010 - 3:21.47
Pole Vault	2011/12	Hamilton Noel	13' 6"	
Long Jump	2011/12	Josh Gordon	23' 7.5"	
High Jump	2012	Josh Gordon	6' 7"	Josh Gordon, 2011 - 6' 6"
Triple Jump	2012	Josh Gordon	46' 9.5"	Devin Bennett, 2011 - 44' 10"
Discus	2008	Kyle Dennison	157' 1"	
Javelin	2010	Peter Stacy	186' 3"	
Shot Put	2006	Chris Prummer	50' 6"	
Decathlon	2012	Josh Gordon	5735	Jeff Gough, 1998 - 4673



Kara Bennett



Kelsey Werre

## Girls

Event	Year	Name	Performance	Previous Best
100m	2014	Cherelle Demps	12.25w	Kelsey Werre, 2009 - 12.39
200m	2009	Kelsey Werre	25.36	
400m	2011	Maddie Birdsall	58.44	
800m	2012	Megan Larson	2:19.12	Deanna Armstrong, 1989 - 2:19.8
1600m	2012	Megan Chucka	5:10.55	Amy Broska, 2011 - 5:15.61
3200m	2015	Carlyn Schmidgall	11:15.83	Berlyn Bales, 2004 - 11:24.2
100m Hurdles	1995	Denise Ashford	15.4	
300m Hurdles	2015	Kelley Johnson	45.85	Johnson, 2014 - 46.56; Denise Ashford, 1995 - 47.4
400m Relay	2014	C Demps, D Demps, T Johnson, Thompson	49.35	Regis,Becker,Corwin, Crock, 2000 - 49.82
800m Relay	2014	C Demps, D Demps, T Johnson, Thompson	1:42.93	Birdsall, Agnew, Erickson, Werre, 2009 - 1:44.61
1600m Relay	2009	Erickson, Agnew, Birdsall, Werre	3:57.86	
Long Jump	2005	Kara Bennett	17' 7.25"	
High Jump	2004	Kara Bennett	5' 7"	
Triple Jump	2005	Kara Bennett	37' 11.25"	
Pole Vault	2012	Danielle Richards	10' 6"	Krista Lockhart & Hannah Robbins, 2009 - 9' 6"
Discus	1996	Kristen Mehlum	113' 8"	
Javelin	2000	Lacy Tanneberg	152'	
Shot Put	1999	Shaya Orendorff	38' 10.25"	